

# NEWSLETTER



**June 1, 2026**

June / Egg Laying Moon  
Cree Syllabics: 0000000000  
Roman Orthography: Opâhimiwipisim  
English Translation: Egg Laying Moon

# NIPISIHKOPAHK ACIMOWIN

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# WE ARE HIRING!



## OPEN POSITIONS:

Closing date	Employment Title	Department
June 3, 2026	FASD Coordinator	Integrated Family Services
June 3, 2026	Parents Place Coordinator	Integrated Family Services
June 3, 2026	2 Youth Wellness Workers (1 female, 1 male)	Community Wellness
June 9, 2026	Housing Inspector/Journeyman Carpenter	Residential Development
June 9, 2026	Journeyman Plumber	Trades Centre
June 9, 2026	Administrative Assistant	Peacekeepers

### INTERESTED? APPLY AT:

[personnel.179@gmail.com](mailto:personnel.179@gmail.com)

[kyle.s@samsoncree.com](mailto:kyle.s@samsoncree.com)

Include: Resume, Application,  
Applicable Certification,  
Driver's License

**Closing times: 4:00pm**

**FOR MORE INFO, CALL US:**

780-585-3793 ext 107

[www.samsoncree.com](http://www.samsoncree.com)



## **My journey of hope... a Story of *Mario Swampy* and his fight against Cancer.**

Every one of us will receive news that will change our lives...what is just as important as that news, is how we respond to it. Perspective, or how we see things, can either help us or hurt us when going through tough times.

Losing a leg to cancer was not something I ever expected or wanted, but it became my reality. I accepted it quickly and set my mind to "now what" and where do I go from here.

Finding inspiration is also very important, I find my inspiration and strength in Jesus first and foremost, and also from others. Having amazing family and friend support is also something I am very grateful for. We all need people in our corner. Terry Fox's story is also one that had a big impact on me. Seeing his example, his humility, his outlook, and his determination helped me to stay positive. He didn't allow his circumstance to dictate how he lived out his life, instead, he chose what he was going to do with it.

Sitting in the hospital after surgery I had a couple goals. The first was to run the Terry Fox run, if given the opportunity, and the other was to swing a golf club and play a round of golf by the end of summer ('25).

Well surprisingly enough swinging the golf club came a lot sooner. I played a round with friends the day golf courses opened in April, only weeks after stepping into a prosthetic leg for the first time.

(I'd end up running in 3 Terry Fox Runs in September, the longest being 5k)

A friend of mine mentioned the Golf Canada All Abilities tournament and it became a goal of mine to play in it in August of 2025. I played both the National and Provincial golf tournaments and did ok, (10th Provincially, 12th nationally). Not too bad for my (amputee) rookie year, and let me tell you, there are a lot of talented players with amazing stories in those tournaments.

I now have a world ranking that allows me to compete in Paragolf tournaments internationally.

Then came another unexpected diagnosis in December of 2025, the cancer from the tumour they removed along with my leg, spread to my lungs and was diagnosed as stage 4. Heavy news to process and intense emotions to navigate. So I was faced with a decision, and as Andy Dufresne in *The Shawshank Redemption* says, "I guess it comes down to a simple choice, really, get busy living, or get busy dying." I chose to get busy living!

So I wrote sponsorship letters and reached out to friends to support me in this journey of hope, not just for me but for others who need it. We've lost too many people to cancer and although none of us know when our time is up, our Creator does and every day alive is a gift, so until that day He calls us home we should live it to the full!

This is what motivates me and that motivation led me to apply to compete in the French Open in Paris France in May. My registration was accepted and I will be heading to Paris France to play in the French Open Paragolf Championships!

I will do so to honour those we have lost to cancer and those living and dealing with it now.

I will also proudly represent my family,

my relatives, my nation (Samson Cree Nation), friends, sponsors, and as the lone Canadian in the field, my country (Canada)....with this one message.... hope lives!

**(I would like to express my deepest gratitude and appreciation to God, to the Samson Cree Nation, Dan and Jan Shute, Montgomery Glen Golf and Country Club, Peace Hills Trust, Elements Firetack, Andrew Cunningham, DeBoers Golf, Leith Wheeler and in honour of 2 of my good friends our nation recently lost to cancer - Jonathan Crier and Councillor Ryan**



## **FIGHT AGAINST CANCER FUNDRAISER GOLF TOURNAMENT**

Family, friends, and golfers gathered together for a day on the course in support of Mario Swampy. The fundraiser brought the community together to show their encouragement and raise funds to assist Mario during his cancer journey.

The hosts would like to extend their sincere appreciation to everyone who came out, participated, donated, and showed their support.

Wishing Mario strength and continued support from all those standing beside him.

Photos: Delorna Buffalo-Makinaw





## **Chief Isaiah Swampy-Omeasoo**

*Samson Cree Nation's 2026-2029 Chief.*

SAMSON CREE NATION  
2026 COUNCILLOR ELECTION

STATEMENT OF ELECTED CANDIDATES

May 26, 2026

TO THE OFFICE OF COUNCILLOR

BUFFALO, SHANNON  
BUFFALO, KURT  
SWAMPY, ARMAND  
BUFFALO, FRANK C.  
BUFFALO, AARON (A.J.)  
BUFFALO, ELESHA  
LIGHTNING, KURT  
CRIER, JOHNNY  
MONTOUR, DARRYL  
SADDLEBACK, JERRY JR  
YELLOW BIRD, CLAUDETT  
(CRANE SADDLEBACK), GAK

This election, and all of its regulatory processes and requirements, were diligently conducted in accordance with the Samson Cree Nation Election Law - Nipisihkopahk Wiyasowêwin.



## Elders Self-Care Workshop

In partnership with the University of Alberta and Parents Place. This event was open to Elders from all four Nations. They gathered for a self-care workshop focused on wellness, reflection, and connection. Throughout the workshop, Elders learned tools and practices for self-care, explored personal wellness, and enjoyed activities such as art therapy and massages in a welcoming and supportive environment. For more information on upcoming programs, please contact Tierney at Integrated Family Services or email [tierney1@ualberta.ca](mailto:tierney1@ualberta.ca).







## **Navigating Our Community – Youth Resource**

Empowerment Day at the HBMC on Wednesday, May 27, 2026.

The event brought together Samson youth and community departments in a dedicated space focused on connection, empowerment, and accessibility to local resources and supports. Youth had the opportunity to begin building their own personal “Resource Directory” with direct contact information for Samson Cree Nation programs and services.

Throughout the day, participants learned more about available supports while strengthening community connections, increasing autonomy, reducing barriers, and creating stronger safety nets for themselves and their peers.



**SAMSON EMERGENCY MANAGEMENT**

Emergency Plan

ALBERTA EMERGENCY PLAN

Various emergency preparedness posters and brochures are displayed on a white board.



**OUTREACH**  
Ph. 780-585-3634





**Congrats to our Youth who successfully completed the 8-Week Program with Samson Community Wellness & Workforce Training!**





## Samson Powwow Celebrations 2026

### Request for Proposals

We are seeking request for proposals for the following events for this years Powwow Celebration

- Security
- Sound System
- Handgames

**Proposal Deadline: June 12, 2026**

For more information contact [comms@samsoncree.com](mailto:comms@samsoncree.com)

Samson Head Start FNCFS Prevention Programs  
presents



# tiny tot moccasin making



PRIORITY: Samson Cree Nation Parents & Caregivers with  
SCN Children ages 0-6 years old



## JUNE 2-3-4, 2026



### 10:00 AM - 3:00 PM (DAILY)



**SAMSON HEAD START \*\*NEW TRAILERS\*\***



BEGINNERS  
WELCOME

COME FOR AS MANY  
DAYS AS NEEDED



LIGHT SNACKS  
PROVIDED

ALL MATERIALS  
PROVIDED

1 PAIR  
PER PARTICIPANT

REGISTER ONLINE:  
<https://www.samsonheadstart.com>  
or scan the QR Code below

For more information contact Christa:  
[christa@samsonheadstart.com](mailto:christa@samsonheadstart.com)  
or (780) 585-2230



\*We kindly ask that you do not bring children for their safety  
around supplies that may cause harm\*



PRESENTED BY  
WETASKIWIN LITERACY & WELLNESS SERVICES LTD.  
"DIVERSE CULTURES, ONE COMMUNITY – CELEBRATING  
OUR SHARED STORY"



## WETASKIWIN MULTICULTURAL HERITAGE FESTIVAL

Dive into delicious eats, discover amazing cultures,  
and sit back for a show you won't forget!

19<sup>th</sup>, 20<sup>th</sup> & 21<sup>st</sup>  
JUNE, 2026

50<sup>th</sup> AVE WETASKIWIN

11AM - 7PM (FRI & SUN)  
10AM - 7PM (SAT)



[www.wl.wsl.com](http://www.wl.wsl.com)

[WETASKIWINLITERACY2023@GMAIL.COM](mailto:WETASKIWINLITERACY2023@GMAIL.COM)

780 362 9009 | 780 839 8314

OCTOBER  
2,3,4  
2026

AGES  
13-18  
LIMITED  
CAPACITY



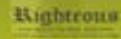
CREE LANGUAGE WORKSHOPS | DINNER NETWORKING & ENTERTAINMENT EVENT

## REGISTRATION NOW OPEN!

ATTENDEES (13-18) Includes 3-day access, workshops, 2 Cree book packages, Saturday breakfast, lunch & dinner/Live Entertainment/Dance Sunday breakfast. Youth must be Accompanied by chaperon(s).

RESERVE A TABLE FOR YOUR TEAM!

Book a TABLE OF 8 for your youth to attend together.



REGISTER NOW: [INFO@INDIGIWORX.COM](mailto:INFO@INDIGIWORX.COM) • 780-220-7753 • [WWW.INDIGIWORX.CA](http://WWW.INDIGIWORX.CA)

EDMONTON INN & CONFERENCE CENTRE • 11834 KINGSWAY NW, EDMONTON, AB



# MAMAWI ATOSKETAN

## 2ND ANNUAL Teaching POW WOW

### JUNE 22

#### GRAND ENTRY AT 12 PM

- SMALL HONORARIUM FOR DANCERS
- CANTEEN ON SITE
- VENDORS PLEASE CALL 403-783-4362

**FIRST 3 DRUM GROUPS PAID**

INTEGRATED FAMILY SERVICES

# Happy Father's Day Wellness Day

**DOOR PRIZES**

**HOT LUNCH**

**HAIR CUTS**

When: June 18<sup>th</sup>, 2026  
 Where: HBMC Gymnasium  
 Time: 10:00 am - 2:00 pm  
 NO SPOUSES

## FNCHF Major Home Renovations for Families

Samson Cree Nation Residential Development invites families with children to apply for major home repairs through the First Nations Children's Housing Fund (FNCHF). To serve you better, we are combining this application process with a community-wide update of our housing files.

What repairs are covered?

Funding is targeted to improve the health, safety, and well-being of homes with children. Upgrades may include:

- Exterior & Structural:** Roofs, windows, doors, and foundations.
- Plumbing & Heating:** Water wells, septic systems, and furnaces.
- Safety & Space:** Mold removal, electrical upgrades, wheelchair ramps, and additional bedrooms (if needed to reduce overcrowding). (Note: This covers additional bedrooms in an unfinished basement, not full-scale home expansions.)

**How to Apply:**

Please visit the Residential Development Department to complete your application. To process your request, we must also ensure your tenant file is current. Please bring the following documents with you, if you have them:

- Proof of Residency (e.g., a current utility bill or ID)
- An Up-to-Date Relinquishment Form
- Proof of Custody/Guardianship (if applicable) (if any of your current documents have expired, our staff will gladly help you update them when you arrive)

**Application Deadline:** Until all funds have been allocated.

**Location:** Samson Cree Nation Residential Development Office

**Office Phone #:** (780) 585-3919

**Email:** scn.housingrd@gmail.com

# We are Hiring!

- Camp Administrator
- Camp Team Leader
- Camp Assistants
- Technology Presenters

## SUMMER TECH CAMP 2026

**Jul 20 - Aug 21** Six weeks of Fun Tech Experiences!

SCAN For Website & Info!

**APPLY NOW**

**1-Week Training: July 20-24**  
**4-Weeks Camp: July 27-Aug 21**

Are You GREAT with Kids? Get a Passion for Technology? Then, we encourage you to submit a RESUME & RC/CYM Check... Join Us for our 20<sup>th</sup> Anniversary StandingRock KIDS Tech Camp! See you soon, Aiy Hail!

**Applications Close: June 26, 2026**

**Apply by Email:**  
 Camps@StandingRockKids.com

**WĀHKŌHTOWIN** GOT MORE QUESTIONS?  
 IN ACTION! CALL US @ +1.780.362.1979



# JUNE 2026

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PNL PQL Q

## SCHEDULE

- Monday**  
Kisipatnahk School  
3:15PM-5:00PM
- Tuesday**  
Maskwacis SR High School  
3:15-5:00PM
- Wednesday**  
Pigeon Lake Library  
4PM-6PM
- Thursday**  
Meskanahk Ka-Nipaa-Wit School  
3:15PM-5:00PM
- Friday**  
Maskwacis JR High  
3:15PM-5:00PM

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 MESC PD DAY OFFICE CLOSED	6 
7 	8	9	10	11	12	13 
14	15	16	17	18	19 OFFICE CLOSED	20
21 	22	23	24	25	26	27
28	29	30				

Register Now



Contact Information: MASWACIS CREE TRIBAL COUNCIL Phone: 780-585-0016 | MCTC facebook page | info@mctc.ca

Samson Community-Wellness



# Miyopimâtisiwin Wellness & Recovery

Culturally grounded recovery program rooted in Cree values of wellness, balance & community

Open to SCN members or to members that live within SCN boundaries only

Educate & Support

Landbase Teachings

Rebuilding Relationships

Limited space:  
First 30 participants

June 1<sup>st</sup> to the 29<sup>th</sup>, 2026  
10:00am to 3:00pm daily

TOGETHER  
in  
RECOVERY

Contact Us!

Yvonne Nepoose-Rich  
Tamara Buffalo

(780) 585-0799

Samson NNADAP Bldg. (White House Across Willowview)

Our Website

www.scwprograms.com

SCAN TO REGISTER: ----->>>>



THE  
MATRIX  
MODEL





# BEAHR Indigenous Environmental Training Program

Program will begin on June 1<sup>st</sup>, 2026 until June 26<sup>th</sup>, 2026 | Location: TBD



ECO Canada, Braiding Knowledges Canada and Maskwacis Employment Center have partnered to bring you BEAHR Indigenous Environmental Training to Maskwacis!



Limited Seats Available

### Applications:

### Campaign Overview

- Intake will start May 19<sup>th</sup> 2026
- **DEADLINE to Apply: May 28<sup>th</sup> 2026**
- Selections and callbacks May 29, 2026
- **MUST** come into the MEC office if you would like to apply

BEAHR Indigenous training programs offer locally customized learning that provide accessible and meaningful career development to First Nation, Métis and Inuit members to overcome barriers to employment and develop competencies needed to actively contribute to Canada's growing environmental sector. The courses offered provide introductory training to those who want to work in the environmental sector in Canada.

Incentives pending to eligible candidates



Be Part of the Change!

For more information contact 780-585-4450



# MHS HEALTH PROMOTIONS

JOIN US FOR A

# PLANT



JUNE 04.2026 1P.M

REGISTRATION AT 12PM

MHS BUILDING GREEN SPACE AREA  
DRESS ACCORDINGLY  
IF RAINING WILL BE MOVED IN DOORS

TOGETHER, WE CAN MAKE THE WORLD GREENER!

EXPLORE HOW PLANTS CAN HELP WITH YOUR WELL-BEING

SNACKS PROVIDED

FIRST 100 ACCEPTED

FOR INFORMATION CONTACT  
LAUREN  
780-585-2266



## YOU CAN HELP THIS CLINIC SEASON



### On-site Spay Neuter Clinic Dates

MAR 26 - 29

Taber Cat Clinic

APR 24 - 26

Saddle Lake Cree Nation

MAY 22 - 24

Frog Lake First Nation

JUN 19 - 21

Maskwacis Communities

JUL 24 - 26

Cold Lake First Nations

SEP 18 - 20

Location TBA

OCT 23 - 25

Siksika Nation

helping people  
helping animals

Each clinic is built within the host community, where teams come together to provide spay and neuter surgeries, tattoos, vaccinations, and parasite treatment to hundreds of animals.

These one weekend clinics aim to address the animal overpopulation and improve their health which has a direct impact on the overall community health and safety.



Our spay and neuter clinics are delivered in partnership with First Nations communities across Alberta.

[cataskforce.org/volunteer](http://cataskforce.org/volunteer)

Sign up in Better Impact for first look at upcoming opportunities!



### 2026 SPAY NEUTER CLINICS:

These on-site clinics are designated for community members only.

- March 26 - 29 Taber Cat Clinic
- April 24 - 26 Saddle Lake Cree Nation
- May 22 - 24 Frog Lake First Nation
- June 19 - 21 Maskwacis Communities
- July 24 - 26 Cold Lake First Nations
- September 18 - 20 TBA
- October 23 - 25 Siksika Nation

APPLY TO VOLUNTEER



Samson  
Community Wellness



# ON RESERVE FOOD HAMPERS

Join Us in Making a Positive Impact in Our Community  
Pick up your hampers to support families in need!

**Pick up Location:**  
**HOWARD BUFFALO  
MEMORIAL CENTER**

DELIVERIES STARTING June 17  
4:00PM

**June 17-21, 2026**

**Contact:**  
Stacey Buffalo (780) 585-0799 | [stacey.b@samsonnwsd.com](mailto:stacey.b@samsonnwsd.com)



Samson  
Community Wellness



# OFF RESERVE FOOD HAMPERS EDMONTON

Join Us in Making a Positive Impact in Our Community  
Pick up your hampers to support families in need!

**Items Needed for  
proof of residency**  
▶ Lease Agreement  
▶ Utility Bill

**FCFS  
BASIS**

**Pick up Location:**  
Borden Park  
7507 Borden Park Rd NW  
Edmonton, Alberta

June 21, 2026  
11:00am until gone

**Contact:**  
Stacey Buffalo (780) 585-0799 | [stacey.b@samsonnwsd.com](mailto:stacey.b@samsonnwsd.com)



Samson  
Community Wellness



# OFF RESERVE FOOD HAMPERS CALGARY

Join Us in Making a Positive Impact in Our Community  
Pick up your hampers to support families in need!

**Items Needed for  
proof of residency**  
▶ Lease Agreement  
▶ Utility Bill

**FCFS  
BASIS**

**Pick up Location:**  
Samson Satellite Office  
1605 10 Ave SW  
Calgary, Alberta

June 21, 2026  
11:00am until gone

**Contact:**  
Stacey Buffalo (780) 585-0799 | [Stacey.b@samsonnwsd.com](mailto:Stacey.b@samsonnwsd.com)

NIPISIIHKOPAHK  
ELEMENTARY  
SCHOOL

# GRADE 6 FAREWELL

LEAVE A LITTLE SPARKLE  
WHEREVER YOU GO

MONDAY, JUNE 15, 2026  
NES GYMNASIUM

1:30 - 2:30

PLEASE JOIN US FOR A  
FAREWELL CELEBRATION  
AND MEAL



TO HONOUR AND INCLUDE OUR MURDERED OR MISSING AND EXPLOITED INDIGENOUS MEN AND BOYS

# GETTING READY FOR BLUE JEAN JACKET DAY

Blue Jean Jacket Day is June 6 – a day to raise awareness for Missing, Murdered, and Exploited Indigenous Men and Boys (MMEIMB).

Join us for an afternoon of information sharing and learning activities.

*(snacks and water included, bring own chairs)*

**JUNE 6**  
**1:00–3:00pm**  
**9625 Jasper Ave**



Blue Jean Jacket pins will be for sale (cash only)

Sponsored By  
The City of Edmonton Indigenous Relations  
**Edmonton**

Wear Blue  
Say Their Names  
Never Forget



# Alcoholics Anonymous

## SUPPORT GROUP SESSIONS

### EVERY THURSDAY

### 12:00PM TO 1:00PM

### @ WHITE HOUSE ACROSS WILLOWVIEW

For more information please contact  
**Samson NNADAP @ (780) 585-0799**

Samson Head Start FNCFCS Prevention Programs presents

## Traditional Cree Star Teachings

Newayak Kiskokik Planterium  
with George Desjarlais



Join us for this unique experience and learn about the Cree Star teachings and traditional stories, and connections to the night sky.

**JUNE 16, 2026**

• 11:00 - 11:45 A.M.  
• 1:00 - 1:45 P.M.

**SAMSON HEAD START "NEW TRAILERS"**

Each session is 45 minutes and limited to 20 people.  
Adults only 18+ (no children)  
signup online via google form also on our website  
<https://www.samsonheadstart.com>



**PRIORITY:** Samson Cree Nation Parents & Caregivers with SCN Children ages 0-6 years old

For more information contact Samson Head Start:  
info@samsonheadstart.com  
or (780) 585-2230

INTEGRATED FAMILY SERVICES



LUNCH AVAILABLE  
MUST HAVE OWN  
TRANSPORTATION  
780-585-2254

9:00 - 3:00



# YOUTH BELT MAKING

**JUNE 11<sup>TH</sup>, 2026**

**HBMC - MUSIC ROOM**

**MUST PRE-REGISTER**

**LIMITED SPOTS**



Samson  
Community Wellness

# Women's Support Group

Every Thursday 10:00am to  
12:00pm @ Samson NNADAP  
(White House across  
Willowview Bldg.)

Contact Samson NNADAP  
(780) 585-0799 for more info.



# EQUINE THERAPY

Facilitation by  
Pat Buffalo  
JUNE  
17 - 18, 2026

Register at  
780.585.2268

Pat Buffalo's residence  
on 5 mile  
10 am - 3 pm  
Lunch will be  
provided.  
Transportation can be  
provided upon request



MCSS: CREE CLASS

## HEALING WITH THE CREE LANGUAGE

JOIN US NOT ONLY TO LEARN THE CREE LANGUAGE,  
BUT TO GROW YOUR CONFIDENCE IN SPEAKING AND  
CONNECTING THROUGH MEANINGFUL  
CONVERSATIONS. OUR CLASSES ARE A WELCOMING  
SPACE FILLED WITH LAUGHTER, SHARED  
KNOWLEDGE, AND A STRONG SENSE OF  
COMMUNITY.

FACILITATED BY RITA CUTKNIFE  
GUEST SPEAKERS: JOHN CRIER  
MARVIN LITTLECHILD AND IDA BULL

DINNER PROVIDED

JUNE 2 & 3  
JUNE 23 & 24

JUNE 9 & 10  
JUNE 30

TUESDAYS

&

WEDNESDAYS

6 - 8 PM | MCSS DOORS OPEN AT 5:45 PM

MORE INFORMATION AT MCSS@MYMHS.CA CALL 780.585.2268



MCSS

# Iskwewak HEALING PROGRAM



Empower women to live a happier and healthier life  
through forgiving themselves and letting the hurt go from  
the past. This two-day program draws on knowledge from  
Elders and includes activities based on Cree values.

Facilitated by Noreen Omessoo and Elder as honorable guest

June 24 & 25, 2026  
at Wayside Wetaskiwin  
9 am - 3 pm

12 participants max  
call 780.585.2268  
to register  
Please notify us if you need  
transportation



# PRIDE Picnic

10AM TO 2PM

JUNE 10

HBMC FRONT LOT

Please join us in the HBMC parking lot, in a potluck style picnic, as we gather and celebrate Maskwacis's Two-Spirit community.

Refreshments and community resource tables available. Door prizes available. Keynot speakers and vendors on site.


Contact Maskwacis Library 780-585-3012 EXT 103 for more info



Annual Samson Pride Crosswalk painting to commence afterwards 4PM - 7PM

In honour of 2S Elder Roxanne Roan

## MENTAL HEALTH FIRST AID



**A** - Assess for risk of harm or suicide  
**L** - Listen non judgmentally  
**G** - Give information and reassurance  
**E** - Encourage professional help if needed  
**E** - Encourage self help

# MENTAL HEALTH FIRST AID

Facilitated by Samson Cree Medical Services

Learn how to recognize the signs, offer support and become a certified helper in the community

### OUR SERVICES

- June 16
- 9 am - 4 pm
- Location: YSW Tipi Room
- Certificate at the end
- 24spots

Must be present for the entire day

### MORE INFO

780.585.2268 To register

MASKWACIS COUNSELLING & SUPPORT SERVICES



# PRIDE Picnic

## CALL FOR VENDORS

10AM TO 2PM

JUNE 10

HBMC FRONT LOT

We are seeking 5-6 Maskwacis artisans for our annual Maskwacis Pride Picnic. To be held at the HBMC. Priority given to 2S Youth artisans.

Deadline to apply June 8

Contact Maria @ Maskwacis Library 780-585-3012 EXT 103 for more info and to register

# MCSS Women's Support Group

This women-only group will be a safe space to express doubts, thoughts, and feelings, and to gain clarity and understanding with women going through similar situations. Conversing with Elders and Mental Health Counsellors

Join us on Thursdays 6-8 pm June 4 & 18 at YSW Tipi Room Dinner provided from 6-8 pm 780.585.2268



# June 2026 OPÂSKÂWEHOPÎSIM

▷◁◡◢◣◤◥◦◧◨◩

"EGGS HATCHING MOON"



For more information on programs scan QR Code or please contact department at x312.wyabiz. www.samsonevents.com



Sunday Ayamihew Kisikaw	Monday Peyak Kisikaw	Tuesday Niso Kisikaw	Wednesday Nisto Kisikaw	Thursday Newo Kisikaw	Friday Niyanano Kisikaw	Saturday Nikotwasik Kisikaw
	1	Tiny Tot Moccasin Making 10am - 3pm daily @ Headstart Trailers 2	Tiny Tot Moccasin Making 10am - 3pm daily @ Headstart Trailers 3	Tiny Tot Moccasin Making 10am - 3pm daily @ Headstart Trailers 4	5	6
	7	8	9	10	11	12
	14	15	16	17	18	19
	21	22	23	24	25	26
	28	29	30			

- Samson Youth & Sports:**
- Basketball every Monday & Wednesdays 6-8:30pm
  - Volleyball every Tuesday & Thursdays 6-8:30pm
  - Powwow Dance Program every Wednesday 6pm-8pm
  - Movie Nights every Wednesday 5pm - 6pm
  - Boxing Program Every Mondays & Wednesdays
  - Arts & Crafts Tuesdays & Thursdays 4pm - 5:30pm
- Samson Youth Initiatives:**
- Roots and Wings (Every TUESDAY) 4pm to 6pm
  - Walking with the Land (Every WEDNESDAY) 4pm to 6pm
  - Healing through the Arts (Every THURSDAY) 4pm to 6pm
- Integrated Family Services:**
- ASL Sessions from 5pm to 7pm every Wednesday @ IFS Department (HBMC)
  - COUPON DAY - PRENATAL, BREASTFEEDING, MPP CLIENTS
- Samson NNADAP:**
- AA Hugs every Thursday 12pm to 1pm @ NNADAP/Outreach Building across Willowview
  - Women's Support Group EVERY Thursday 10am to 12pm
  - Men's Support Group EVERY Thursday 1:30pm to 3pm
  - Samson Food Bank Soup Kitchen (Every Wednesday)
- Bread Days every Tuesday & Thursdays**
- Samson Headstart:**
- After-school Care Tuesdays & Thursdays (2:00pm to 5:00pm)
  - Samson Hampers for On Reserve @ Samson Arena starts 4pm
  - Calgary @ Samson Satellite Office - JUNE 21 starts at 11am until gone
  - Edmonton @ Borden Park - JUNE 21 starts at 11am until gone

**Colour Legend**

- \*\*\* - NYI Dept
- \*\*\* - SYSD Dept
- \*\*\* - Income/PESP Dept
- \*\* Comm. Well
- \*\* WFTD
- \*\*\* IFS Dept
- \*\*\* NNADAP Dept
- \*\*\* IRS
- \*\*\* Samson Headstart

## JUNE - 2026



Monday	Tuesday	Wednesday	Thursday	Friday
01		02	03	04
		Men's Group 10:00 - 3:00 Every Wednesday		05
08		09	10	11
	Lunch hour walking group 12:00 - 1:00	Coupon Day - Prenatal, Breastfeeding & MPP Clients	YOUTH Belt Making Ages 9 - 17 MUST PREREGISTER	12
15		16	17	18
Skirt Making 10:00 - 3:00	Skirt Making 10:00 - 3:00	Men's Group 10:00 - 3:00 Every Wednesday	Father's Day Event NO SPOUSES NO CHILDREN	19
22		23	24	25
	Lunch hour walking group 12:00 - 1:00	Coupon Day - Prenatal, Breastfeeding & MPP Clients		26
29		30		



Like us on Facebook  
Integrated Family Services

**Contact Info**  
780-585-2254  
Fax  
780-585-2234

Office Hours  
8:00 am - 4:00 pm  
CLOSED THRU LUNCH  
12:00 pm - 1:00 pm

# JUNE 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Sweat @ 12 pm Cree 6 - 8pm AA Mtg 7-8 pm	3 Cree 6 - 8 pm AA Zoom @ 12 pm	4 Women's Group 6 - 8 pm	5
8	9 Cree 6 - 8 PM AA Mtg 7 - 8 PM	10 Cree 6 - 8 pm AA Zoom @ 12 pm	11 Men's Group 6 - 8 pm	12
15	16 MentalHealth 1 <sup>st</sup> Aid DRUG & OD AWARENESS AA Mtg 7 - 8 pm	17 EQUINE 10 AM - 3 PM AA ZOOM @ 12 PM	18 EQUINE 10 AM - 3PM Women's Group 6 - 8 pm	19
22 OFFICE CLOSURE	23 Cree 6 - 8 PM AA Mtg 7 - 8 PM	24 Cree 6 - 8 pm AA Zoom @ 12 pm Iskwewak Healing 9am	25 Men's Group 6 - 8 pm Iskwewak Healing 9am	26
29	30 Cree 6 - 8 PM AA Mtg 7 - 8 PM			

## Pathways to Healthy Lifestyles Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 4 Day Women's Soul Healing Retreat Registration Closed	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Louis Bull Education Center Inner Child Work Workshop From 10-2	16 Samson Mobile Mental Health Braclet Making & Readings From 10-2	17 Pigeon Lake & Maskwacis Berry Picking @ Elk Island From 10-2	18 Montana Band Office Inner Child Work Workshop From 10-2	19	20
21	22	23	24	25	26	27
28	29	30 Maskwacis Community Sweat w Brad Rabbit From 11am -2pm				

2026  
*June*

- > Women's Soul Healing Retreat - Registration is closed.
- > Inner Child Work - Reconnect. Heal. Discover. Within each of us lives an inner child. This workshop will offer a gentle yet powerful space to meet that part of you with compassion and curiosity.
- > Braclet Making & Readings - join us to make a braclet, Lynne Sullivan will also be joining us to do some medium readings
- > Berry Picking @ Elk Island - we will be doing a nature walk around Elk Island.

### Reminders:

- ▶ Local transportation can be arranged through our Facebook page
- ▶ Lunch will be provided at all workshops
- ▶ All workshops are open to all 4-Nation members

# VISION

Nipisihkopahk is sovereign and prosperous;  
empowered by healthy and knowledgable  
lyiniwahk.

# MISSION

Samson Cree Nation is a sovereign nation  
that is dedicated to improving a quality of  
life for all our people by maximizing our  
human resources and by respecting our  
Cree language and traditions of our people.

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